

AD SLOT 1

180 x 150 px

AD SLOT 2

180 x 150 px

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It's Time to Re-visit The Dressing Room

ALEXANDRA WELLS | MONDAY, OCTOBER 19, 2009 AT 8:15PM



I know what you're thinking...why is CTBites reviewing **The Dressing Room**? Isn't it the most reviewed restaurant in Fairfield County? Haven't we heard it all before? Think again. The Dressing Room has long been the go-to spot for a glass of wine or pre-theater meal, but it seems that **Chef/Owner Michel Nischan and Executive Chef John Holzwarth** have

recently made some changes to their "Homegrown" repertoire.

AD SLOT 5 (EMBEDDED)
468 x 60 px

I found their menu underwhelming and often struggled with what to order, but now there are so many tempting options, I can't decide what to eat first. Fortunately, the **new tapas-style format of "Small and Light" and "Medium Bites" makes it ideal for sampling.**

In the "**Homegrown**" tradition, **all of the menu offerings feature local farms and producers.** Chef Holzwarth tells us that during the growing season, close to **95% of the ingredients are locally sourced.** This bounty can be best seen and savored in the trademark **Newman Says "Use a Spoon" Chopped Salad**



(pictured right). I dream of re-creating this dish at home, if only my garden would cooperate. It's different every time, depending on what's available and in season (yes, I've been back... twice, actually, and I just keep thinking of all the money I'm saving with that new menu). August featured hearty chunks of **ultra-fresh tomatoes, nectarines, parsley, radishes** (who knew radishes could taste so good?), goat cheese and **toasted pistachios**, all tossed in a subtle, wonderfully light citrus dressing. The fall version has three varieties of **organic apples, beets, carrots, Beltane Farms goat cheese and beans...** nirvana

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This Week's Date Night Pick

We like ours Brick Oven Style.



[Pizzeria Molto](#)

AD SLOT 3

180 x 150 px

Lunch Event @ Wild Rice



Exclusive lunch @ Wild Rice for CTbites readers. **Goody Bag.** Limited seating. [Reserve a spot & view menu.](#)